

**2023
DEPARTMENT 25
JUNIOR CLASS FOODS & NUTRITION
PREMIUM LIST**

Supt. Julie Busch

FOOD PRESERVATION

- A. All exhibits will be judged face-to-face, Monday of Fair, from noon to 7 p.m. with a break at 3:30 p.m. The Youth Building will be open at 11:00 a.m. Numbers will be available at 11:45 a.m. After judging is finished, the building will close. Judging will take place in the 4-H Youth Building.
- B. Only one (1) exhibit will be allowed for each entry number.
- C. **NO FREEZER JAM ALLOWED**
- D. All foods must have been preserved since the last Fair.
- E. Recipe **MUST** be available at judging.
- F. All entries must have the exhibitor's tags on before coming to the Fair.
- G. Limit of five (5) entries in Division 1
- H. All jars must be glass canning jars with a **NEW** lid and ring.
- I. All entries must be made by the exhibitor.
- J. **Members of the same family may not exhibit identical entries.** For example, if one child enters Apple Jelly, the other child may not enter that item, but he / she may enter Strawberry Jelly.
- K. **ANY ENTRY WILL BE DROPPED ONE (1) PLACE IF THE EXHIBITOR DOES NOT ADHERE TO ALL THE RULES**
- L. Canning jars, including rings and lids will be returned to the exhibitor at the designated release time. Claim checks are required for pick-up when all other 4-H Youth Building projects are released for pick-up.
- M. Jars may be opened upon judge's discretion.
- N. Examples / Division Rules:
 - a. For any Food Item that is canned, pickled, fermented, juiced, sauced:
 - i. Entries must be properly labeled with contents, date, and method used for canning / fermenting.
 - ii. EXAMPLE:
 - 1. Dill Pickles, 8/19/21
 - 2. Hot Packed
 - 3. 15 min boiling water bath
 - iii. Entries must be in a clear, glass canning jar
 - b. For any Food Item that is dehydrated, items may be air dried, heat dried, or freeze dried.
 - i. Entries must be properly labeled with contents, date, and method used for dehydration
 - ii. EXAMPLE:
 - 1. Beef Jerky, 8/19/21
 - 2. Dehydrator
 - 3. 235 degrees for 6 Hours
 - iii. Entries must be appropriate size and be in appropriate size zipper seal bags with the following quantities:
 - 1. Jerky or Leather – 6 Pieces
 - 2. Fruit, Vegetable, or Herb – ½ Cup
 - 3. Pasta – ¼ Pound
 - 4. Any Other Entry – ½ Cup or ¼ Pound

Blue - \$2.00 Red - \$1.75 White - \$1.50 Pink - \$1.25

Division 1

| Class No. | Entry |
|-----------|--------------|
| 1 | First Entry |
| 2 | Second Entry |
| 3 | Third Entry |
| 4 | Fourth Entry |
| 5 | Fifth Entry |

FOODS AND NUTRITION

- A. All exhibits will be judged face-to-face, Monday of Fair, from noon to 7 p.m. with a break at 3:30 p.m. The Youth Building will be open at 11:00 a.m. Numbers will be available at 11:45 a.m. After judging is finished, the building will close. Judging will take place in the 4-H Youth Building.
- B. Recipe MSUT be available at judging.
- C. All entries must have the exhibitor's tags firmly attached to the plate/bowl before coming to the fair.
- D. No baked goods, or parts thereof, may be removed from the fair. Only entry tags for items with ribbon awards will be returned to the exhibitor. Exhibitors must present claim checks to receive special ribbon awards.
- E. Entries must be made entirely from scratch, unless otherwise stated.
- F. All fudge entries must be cooked.
- G. **Members of the same family may not exhibit identical entries.** For example if one child enters yellow cake, the other child may not, but he / she may enter white cake.
- H. **ANY ENTRY WILL BE DROPPED ONE (1) RIBBON PLACING IF EXHIBITOR DOES NOT ADHERE TO ALL THE RULES.**
- I. Taste testing will be done at the judge's discretion.
- J. Examples / Division Rules:
 - a. Cakes
 - i. ½ of 8 or 9" Round Cake, 1 Layer, No filling or frosting.
 - ii. Label type on entry tag.
 - iii. Display on a 10" **firm** disposable plate inside of a zipper seal bag.
 - b. Cookies & Bars
 - i. Three (3) Cookies or One (1) – 4"x4" corner of a bar (No frosting).
 - ii. Label type on entry tag.
 - iii. Display on 6" **firm** disposable plate inside of a zipper seal bag.
 - c. Items made with Yeast, Sourdough, or Bread made with a starter
 - i. ½ of an 8" or 9" loaf or Three (3) rolls/doughnuts (No Frosting).
 - ii. Label type on entry tag.
 - iii. Do not grease after baking
 - iv. Display on appropriate size **firm** disposable plate inside of a zipper seal bag.
 - d. Quick Breads
 - i. Loaf – no larger than 6"
 - ii. Muffins, Scones, Biscuits – No paper liners; 3 of the same item
 - iii. Coffee Cake, Corn Bread, or Gingerbread – 4"x4" corner piece
 - iv. No Frosting. Label type on entry tag.
 - v. Display on a 6" **firm** disposable plate inside of a zipper seal bag
 - e. Pastries
 - i. Three (3) of the same item.
 - ii. Label type on entry tag
 - iii. Display on appropriate size **firm** disposable plate inside of a zipper seal bag.
 - f. Any Other Food Item
 - i. Single Serving
 - ii. Label type on entry tag.
 - iii. Display on/in appropriate size **firm** disposable plate/bowl inside of a zipper seal bag.

Blue - \$2.00 Red - \$1.75 White - \$1.50 Pink - \$1.25

Division 2

| Class No. | Entry |
|-----------|--------------|
| 1 | First Entry |
| 2 | Second Entry |
| 3 | Third Entry |
| 4 | Fourth Entry |
| 5 | Fifth Entry |

EDUCATION, GIFTS, AND CANDY

- A. All exhibits will be judged face-to-face, Monday of Fair, from noon to 7 p.m. with a break at 3:30 p.m. The Youth Building will be open at 11:00 a.m. Numbers will be available at 11:45 a.m. After judging is finished, the building will close. Judging will take place in the 4-H Youth Building.
- B. All entries must have the exhibitor's tags firmly attached to the plate/bowl before coming to the fair.
- C. No baked goods, or parts thereof, may be removed from the fair. Only entry tags for items with ribbon awards will be returned to the exhibitor. Exhibitors must present claim checks to receive special ribbon awards.
- D. Food entries must be made entirely from scratch, unless otherwise stated.
- E. All fudge entries must be cooked.
- F. **Members of the same family may not exhibit identical entries.** For example if one child enters chocolate fudge, the other child may not, but he / she may enter peanut butter fudge.
- G. **ANY ENTRY WILL BE DROPPED ONE (1) RIBBON PLACING IF EXHIBITOR DOES NOT ADHERE TO ALL THE RULES.**
- H. Taste testing will be done at the judge's discretion.
- I. Examples / Division Rules:
 - a. Poster (14" x 22")
 - i. Health Foods, Food Safety, Freezing Foods, Food Pyramid, Create a TV Dinner
 - b. Food for Gifts
 - i. Basket / Container containing at least two (2) different homemade items and no more than two (2) store bought food items; no alcoholic beverages
 - ii. No larger than 12" x 12"
 - c. Candy
 - i. Three (3) pieces
 - ii. Label type on entry tag
 - iii. Display on 6" **firm** disposable plate inside of a zipper seal bag.
 - d. Place Setting with Meal Plan
 - i. No larger than 15" x 20"
 - e. Recipe Box / Book
 - i. Include at least 20 recipes from a variety of foods

Blue - \$2.00 Red - \$1.75 White - \$1.50 Pink - \$1.25

Division 3

| Class No. | Entry |
|------------------|--------------|
| 1 | First Entry |
| 2 | Second Entry |
| 3 | Third Entry |

PRODUCT MADE WITH THREE (3) OR MORE DAIRY PRODUCTS

- A. All exhibits will be judged face-to-face, Monday of Fair, from noon to 7 p.m. with a break at 3:30 p.m. The Youth Building will be open at 11:00 a.m. Numbers will be available at 11:45 a.m. After judging is finished, the building will close. Judging will take place in the 4-H Youth Building.
- B. **SPECIAL DAIRY AWARD** – Racine County Dairy Promotion, Inc. will give a \$20.00 award for the best entry selected by the Junior Class Foods Judge(s).
- C. Recipe **MUST** be available at judging.
- D. All entries must have the exhibitor's tags firmly attached to the plate/bowl before coming to the fair.
- E. No baked goods, or parts thereof, may be removed from the fair. Only entry tags for items with ribbon awards will be returned to the exhibitor. Exhibitors must present claim checks to receive special ribbon awards.
- F. Entries must be made entirely from scratch, unless otherwise stated.
- G. **Members of the same family may not exhibit identical entries.** For example if one child enters turtle cheesecake, the other child may not, but he / she may enter plain cheesecake.
- H. **ANY ENTRY WILL BE DROPPED ONE (1) RIBBON PLACING IF EXHIBITOR DOES NOT ADHERE TO ALL THE RULES.**
- I. Taste testing will be done at the judge's discretion.
- J. Examples / Division Rules:
 - a. Any food item made with three (3) or more dairy products
 - i. Label type on entry tag
 - ii. Single serving or 4" x 4" corner piece
 - iii. Display on **firm** disposable plate inside of a zipper seal bag or in a

Blue - \$2.00 Red - \$1.75 White - \$1.50 Pink - \$1.25

Division 4

| Class No. | Entry |
|-----------|--------------|
| 1 | First Entry |
| 2 | Second Entry |
| 3 | Third Entry |

CAKE DECORATING

- A. All exhibits will be judged face-to-face, Monday of Fair, from noon to 7 p.m. with a break at 3:30 p.m. The Youth Building will be open at 11:00 a.m. Numbers will be available at 11:45 a.m. After judging is finished, the building will close. Judging will take place in the 4-H Youth Building.
- B. Only one (1) exhibit in each class number.
- C. Only the real cake base needs to be frosted in Buttercream frosting. Star tip cakes do not need to be pre-frosted.
- D. Buttercream frostings must have a stabilizer in the mix. Canned frosting (i.e. Betty Crocker / Pillsbury) will not be permitted.
- E. If copying a cake from a picture / publication, please have the picture / book available at judging.
- F. No items will be returned to the exhibitor, with the exception of cake boards, Styrofoam cake bases and special ribbon awards. If you wish to have your cake board or cake base returned, please make a note on the upper left hand side on the front of your entry tag. Your claim check is required to receive ribbon awards.
- G. **ANY ENTRY WILL BE DROPPED ONE (1) RIBBON PLACE IF THE EXHIBITOR DOES NOT ADHERE TO ALL THE RULES.**
- H. Entries will be judged on decorating only.
- I. All entries must have the exhibitor's tags firmly attached to the cake board before coming to the fair.

Division 5 – Beginner (1 – 3 Years in Project)

- A. Examples / Division Rules:
 - a. Must use a real cake base (made from scratch or box) for at least one entry
 - b. Decorated Cakes / Cupcake Cakes
 - i. Cupcake cakes must be made with at least 6 cupcakes in the design
 - ii. Display on a **COVERED, DOUBLE-LAYERED cake board or COVERED plywood board**, not exceeding 2" beyond the size of the cake; for display purposes, board cannot be larger than 15" x 20"
 - c. Decorated Cupcakes, Cookies, Graham Crackers
 - i. Three (3) items decorated with the same design
 - ii. Display on a **firm** disposable plate
 - d. Decorate Sugar Mold
 - i. Display on a **firm** disposable plate

Blue - \$2.00 Red - \$1.75 White - \$1.50 Pink - \$1.25

| Class No. | Entry |
|-----------|--------------|
| 1 | First Entry |
| 2 | Second Entry |
| 3 | Third Entry |

Division 6 – Advanced (4 or more years in project)

- A. Examples / Division Rules:
 - a. Must use Styrofoam bases for cakes
 - b. Decorated Cakes / Cupcake Cakes
 - i. Cupcake cakes must be made with at least 12 cupcakes in the design
 - ii. Display on a **COVERED, DOUBLE-LAYERED cake board or COVERED plywood board**, not exceeding 2" beyond the size of the cake; for display purposes, board cannot be larger than 15" x 20"
 - c. Decorated Cupcakes, Cookies, Graham Crackers
 - i. Six (6) items decorated with the same design

- ii. Display on a **firm** disposable plate
- d. Decorate Sugar Mold
 - i. Display on a **firm** disposable plate

Blue - \$2.50 Red - \$2.25 White - \$2.00 Pink - \$1.75

| Class No. | Entry |
|------------------|--------------|
| 1 | First Entry |
| 2 | Second Entry |
| 3 | Third Entry |